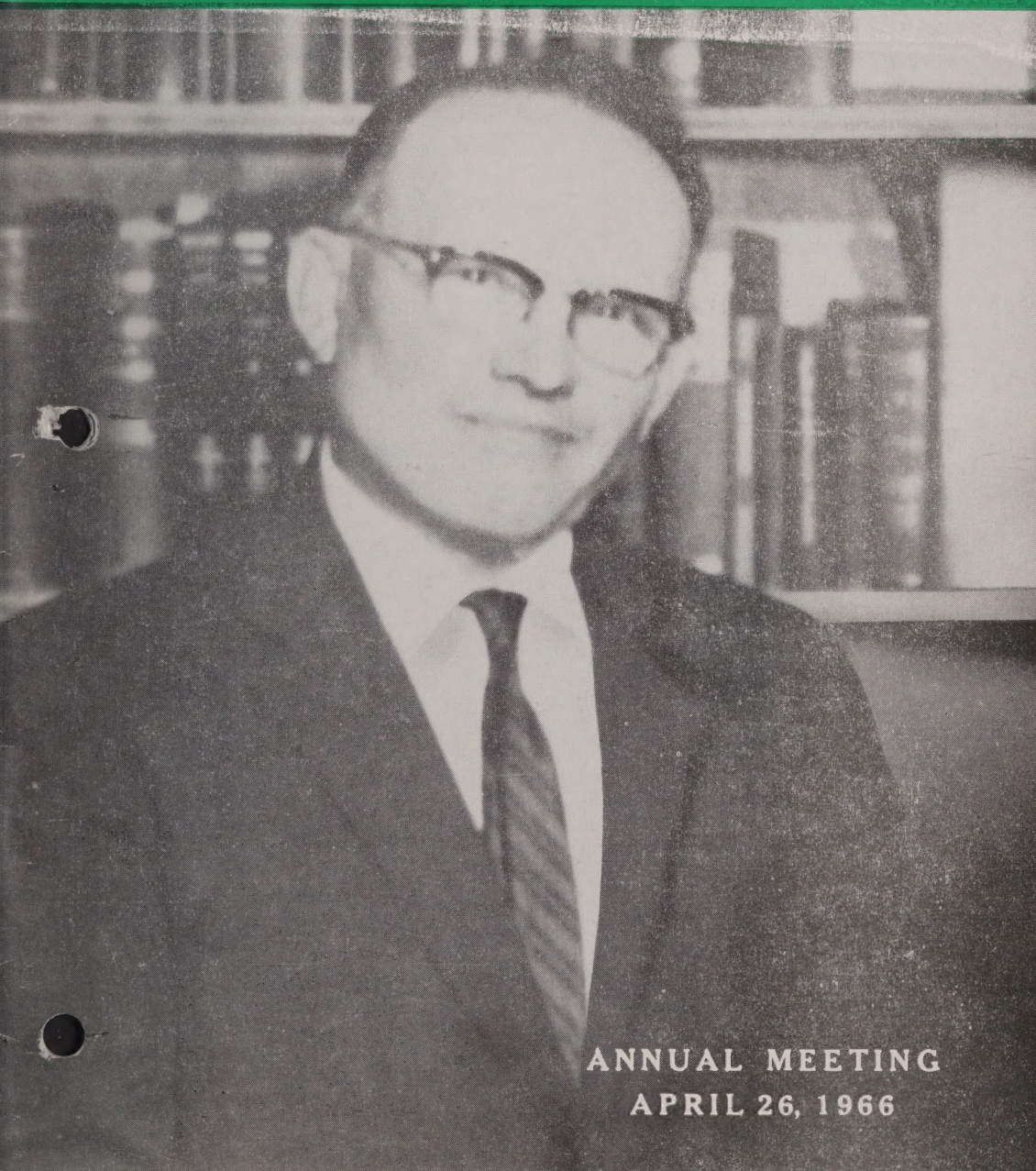
The Hampden Hippocrat

A Bulletin for the Hampden District of the Massachusetts Medical Society

VOLUME XXII APRIL, 1966 NO. 4



ANNUAL MEETING
APRIL 26, 1966

Hampden District Medical Society

1414 STATE STREET — SPRINGFIELD, MASS. 01109

Telephone: 736-0661

Vivian M. Purdy, *Executive Secretary*

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Walter S. Mozden, M. D.	1968	Walter J. J. Nero, M. D.

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Woman's Auxiliary . . . . . Bruce B. Stoler, M. D.
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Public Health . . . . . David E. Booker, M. D.
Insurance, Labor Relations, and Industrial Accidents . William Mosig, M. D.
To Committee on Tax-Supported Medical Care . Harry L. Roberts, M. D.
By-Laws . . . . . Max Millman, M. D.
Scholarship . . . . . Ralph T. Miller, M. D.
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Auditing . . . . . Joseph Rini, M. D.
Emergency Medical Service . . . . . Bronislaus A. Galuszka, M. D.
Members' Insurance Programs . . . . . H. Bernard Tillman, M. D.
Mental Health . . . . . Eugene Boss, Jr., M. D.
Disaster Medical Care . . . . . Walter S. Mozden, M. D.
Medico-Religious . . . . . Garry DeN. Hough, III, M. D.
Representatives to Community Council
Henry Burkhardt, M. D. and Donald R. Hayes, M. D.

The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult."
Hippocrates

Founded in 1942 by Drs. Edward P. Bagg and William A. R. Chapin, and published monthly except July and August.

BOARD OF EDITORS

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"THE HAMPDEN HIPPOCRAT"

1956-1966

by MAX MILLMAN, M.D., EDITOR-EMERITUS

(A review of the last decade presented at the March 9, 1966, meeting of the Board of Editors)

Before commenting on the successes and failures of the "Hippocrat's" last decade, we should pause to pay tribute to the 14 years that preceded it. More correctly, we should pause to pay tribute to Drs. Bagg and Chapin, the two gentlemen who not only founded the "Hippocrat" but also nurtured it so fruitfully during its early formative years. To publish a well founded bulletin is one thing; to establish one, is something else again. In the case of the "Hippocrat" the beginning was unusually difficult and critical. Was the "Hippocrat" received with open arms? Not quite! Some members questioned the desirability and feasability of such a bulletin, while others objected to it vociferously and in no uncertain terms. The financial difficulties also seemed insurmountable. If the "Hippocrat" is in a position to serve the Society more meaningfully today, it is only because of the sound foundation laid down for us by its first Editor-in-Chief and his Business Manager.

Closer Harmony With The Society

Turning now more directly to the last decade of the "Hippocrat," we find this epoch replete with significant events and experiences. The most notable of these, I believe, was the strengthening and cementing of the "Hippocrat's" rela-

ANNUAL MEETING, APRIL 26, (See Page 9)

tions with the District Society. Until several years ago, strange as it may sou now, the "Hippocrat" functioned almost exclusively as an independent organis as a sovereign state, if you will or, at best, as a satelite attached to the Society by the flimsiest of umbilical cords. We submitted no financial reports, and we brooked no interference or even suggestions from headquarters. At one time the situation had deteriorated to such a degree that some Board members actually went as far as to suggest the complete severance of the "Hippocrat" from the District Society.

It was only after much debate that we reached the inevitable and logical conclusions: (1) that the Board of Editors was no more and no less than just another committee serving the interests of the Society; (2) that the "Hippocrat", as the official organ of the Society, belonged to it lock, stock, and barrel; and (3) that as a Board, we are accountable, financially and otherwise, as are all other boards and committees of the Society.

These conclusions were spelled out subsequently in our *Guiding Principles of the "Hippocrat"*, a new revision of which was adopted by the Board of Editors in June, 1964. They were spelled out also in a recent amendment to the Society's by-laws which makes it mandatory for the "Hippocrat" to submit annually a financial report to the Society.

As a result of the above deliberations and documentations we operate today in complete harmony with the Society, which is, of course, as it should be. Not only do we publicize all activities but we also strive to reflect as much as possible its ideology and philosophy. Moreover, we strive to promote good internal relations and also to motivate the membership to greater and greater participation in Society affairs. In short, whatever is of interest to the Society is of interest also to the "Hippocrat".

Largely, because of this closer relationship with the Society, the "Hippocr has steadily increased its value and importance to the Society. In the opinion of several of Hampden's recent past presidents the "Hippocrat" has become an indispensable instrument in the operation of the Society. The Executive Committee and all other committees in general have learned to utilize more and more the special services the "Hippocrat" has to offer. What has facilitated our work greatly of late has been the arrival of Mrs. Vivian M. Purdy as Executive Secretary of the Society. She has helped us establish the now very popular "Hampden Capsules" feature, and has otherwise served as a very effective liaison between the Society and the "Hippocrat".

The "Hippocrat's" Growth

The second most notable development during the last decade has been the growth of the "Hippocrat". During its first 14 years of existence the "Hippocrat" appeared quarterly and averaged 8-16 pages per issue. We are now in the 10th year of its appearance on a monthly basis (except for July and August) and have been averaging of late about 36-40 pages per issue. The big exception was the January, 1965, or the 125th Anniversary issue, which counted no less than 56 pages. This number, featuring as it does Hampden's history, promises to become an all important reference volume for many years to come.

The growth of the "Hippocrat" has paralleled largely the growth, needs and activities of the Society. The last March issue, for instance, carried 40 pages not so much by choice as by necessity. Omitting even as little as 4 pages would have meant stripping it of some of its essential material. As long as our finances permit

(Continued on Page 30)

COVER: Our new esteemed Editor-Emeritus, Max Millman, M. D.

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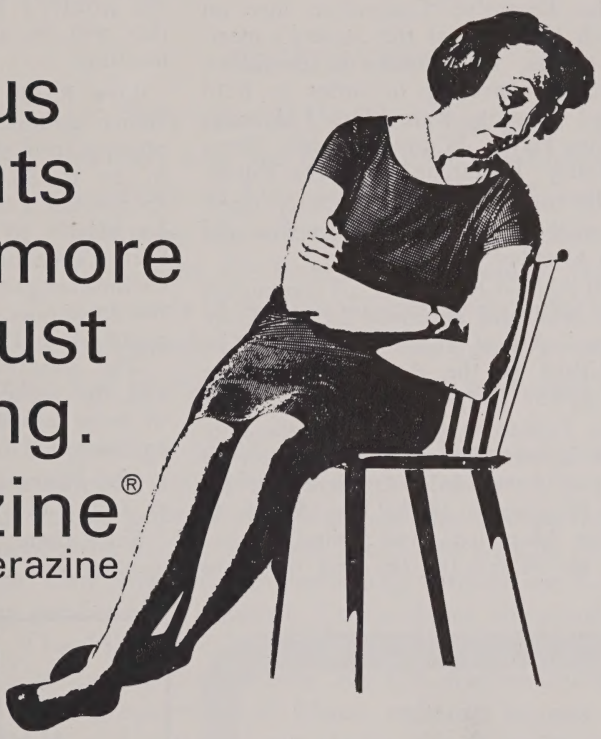

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EXECUTIVE COMMITTEE
(Highlights)

The Executive Committee met on March 15, 1966, at the Society's meeting rooms. Dr. Burkhardt, President, called the meeting to order at 8:10 P.M. Present were Drs. Memery, Griffin, Hayes, Moore, Mozden, Nero, O'Malley, LaMarche, and Mrs. Purdy.

The minutes of the February meeting were read, with one correction and then accepted.

All Annual Reports of all committees were read and approved by the Committee. All of these reports will be published in the April issue of the "Hampden Hippocrat."

Dr. LaMarche, Chairman of the Public Relations Committee gave a report on the Automobile Accident Prevention Program to be held on March 30 at the Municipal Auditorium. Prizes will be offered for the best questions sent in to the panel.

The Relative Value Schedule is in the printer's hands, and it is hoped this will be available for the annual meeting.

Mrs. Purdy gave a brief report of "office doings". As Mrs. Flanagan is retiring from the Academy of Medicine to go to So. Africa, the HDMS is sponsoring a farewell party to be held on March 30 from 2-4 P.M. at the Society's meeting rooms. The Executive Committee gave permission for this and for an announcement to go out to the members in the newsletter.

The chiropractic bill was discussed, and the members will be encouraged to write letters to their representatives and senators immediately.

The business meeting was adjourned at 9:20 P.M.

Since there were no grievances, the meeting was adjourned.

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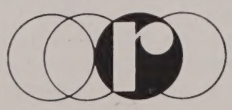

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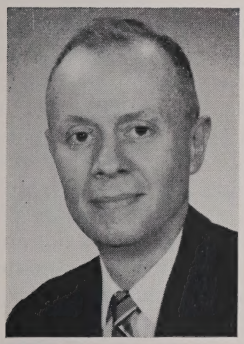
President's Page



REFLECTIONS

My year as President has gone by quickly and has been a most rewarding experience. Due to the splendid help given by the officers, committee chairmen, and the Executive Secretary, the demands of the presidency were greatly lightened. Our Society has many members who devote a great deal of their time and talent to it, and this has been our strength.

This year saw the passage of Medicare, the beginning of a system of socialized medicine that could someday eventually provide coverage for our entire population. Most of the doctor's confrontation with the problems evolving from Medicare will be in the hospital and the office. Our hospitals are selecting Utilization Committees and can help establish Utilization Committees in many of our nursing homes. The HDMS can offer help to those nursing homes that have no Utilization Committee. Recent studies indicate that standards in a large proportion of Mass. nursing homes are such that they will have difficulty in satisfying the requirements for participation in Medicare's extended care program. Obviously, remedial action is needed, and here is where it behooves the physician to assume a leading role.

The Springfield Area Community Health Study has been completed after almost two years of work by hundreds of community leaders and professional people. It covers a wide scope of care rendered by chronic disease facilities, hospitals, mental health facilities, nursing homes, public health facilities, school health services, and welfare medical care services. A committee to implement the recommendations of the Study is now being formed, and our Society will be represented in this important work.

It is with great pleasure that I welcome our new President, Dr. Donald Hayes, who is most ably suited to the job ahead. These are "exciting times" and the changes in the practice of medicine before us will be many and complex. I know that Dr. Hayes will give our Society the leadership and guidance necessary.

Henry Burkhardt, M.D.

Well, Doctor, it's sort of
a cross between a smoker's hack and a seal's bark.

It's a wise mother who realizes there may be more to her child's cough than meets the ear—and brings the youngster to you promptly for diagnosis and treatment. If the cough is the useless, exhausting type that often accompanies respiratory infection or allergy, you can provide prompt relief with Novahistine DH. Its decongestant-antitussive action controls frequency and intensity of cough spasms without abolishing cough reflex. And the fresh, grape flavor of Novahistine DH appeals to children and adults alike.

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HAMPDEN CAPSULES

Dr. Manuel Soares moved to Hartford to be the Medical Director of Aetna Life Insurance Company.

Dr. Edmund Danowski of Holyoke, resigned to move to North Carolina to the Veteran's Hospital in Fayetteville.

Dr. Helen Papaionou is taking a leave of absence to complete a two year residency at the University of Michigan in Pediatric Allergy.

— —

Removal of Offie:

Dr. Frank Mills to 70 Court St., Westfield

Dr. William Long to 70 Court St., Westfield

Dr. J. J. Arenstam to 70 Court St., Westfield

Dr. Robert Sears to 130 Maple St., Springfield

Dr. Cyril Shea to 75 Van Deene Ave., West Springfield

Dr. Bruce Stoler to 75 Van Deene Ave., West Springfield

Dr. Walter Mozden to 75 Van Deene Ave., West Springfield

— —

Radio WACE Programs Every Friday With a Doctor 1-2 P.M. on Your Dial At 730 AM:

April 1 Dr. Kinsella on Cytology

April 8 Dr. Tapp

April 15 Dr. Mozden on "Hampden Alert, 1966" (disaster drill)

April 22 Dr. Omar Pace on Cancer Surgery

April 29 Dr. Whitney on Mental Health

— —

Speaking:

Dr. Malcolm Allan at Kensington School PTA ("Human Growth")

Dr. David Booker at North Branch School — Panel Discussions

Dr. Booker at Probus Club talk on "Sex Education".

— —

Farewell Party

A farewell party for Mrs. Grace Flanagan, Librarian of the Academy of Medicine was held on Wednesday, March 30, at the HDMS meeting rooms. Many friends, some relatives, and some physicians attended the party to honor her on her retirement. Mrs. Purdy presented Mrs. Flanagan a wrist watch and a silver Caduceus charm for her bracelet as a token of appreciation from her friends in the Springfield Health Department., Municipal Hospital and HDMS. We shall all miss "Gracie" very much, but we wish her much happiness and a well deserved rest.

— —

Dr. Setrag Zacarian, Springfield has been appointed Clinical Instructor in Dermatology at the Boston University School of Medicine.

— —

Dr. Thomas F. Reilly retired on March 15, 1966 from his post as District Health Officer of the Western Region, Massachusetts Department of Public Health. Dr. Reilly has held this position since early 1964.

— —

Dr. Jacob B. Shammash presented a paper on "Carcinoma of the Lung in Patients with Pulmonary Tuberculosis" at the March 26 meeting of the N. E. States Chapter of the American College of Chest Physicians and the Mass. Thoracic Society in Boston.

THE ANNUAL MEETING OF THE HAMPDEN DISTRICT MEDICAL SOCIETY

TIME: Tuesday, April 26, 1966

Business Meeting 6:30 P.M., followed by Social Hour

Dinner (Courtesy of Society)

PLACE: Shaker Farms Country Club
Westfield, Mass.

AGENDA: Annual Reports of Officers and Committees
Election of Officers

YOUR PRESENCE IS URGENTLY REQUESTED

HARRY N. MEMERY,
Secretary

IN MEMORIAM

MARIE H. DANIELS, M.D.

Dr. Marie H. Daniels of 33 Hampton Knolls, Holyoke, died at her home on March 6, 1966.

Born on June 26, 1902, in Wilno, Russia, where she received her early education, Dr. Daniels graduated from the medical school at the University of Wilno in 1928. She came to this country in 1929 and was the first woman intern at the Holyoke Hospital. In 1932, she entered into the private practice of medicine in Holyoke and had been actively engaged therein until her demise.

Dr. Daniels served on the medical staffs of the Providence and Holyoke Hospitals for many years. She was a member of the American Medical Association, Mass. Medical Society, New England Pediatric Society, the Hampden District Medical Society, and the Springfield Aademy of Medicine.

To her family and her many friends, deepest sympathy is hereby extended.

GEORGE C. STEELE, M.D.

Dr. George Chapin Steele of 5 Second St., West Springfield, died at his home on March 6, 1966

Born in Springfield, Mass., on February 24, 1911, Dr. Steele graduated from Harvard College in 1933 and received his medical degree from Harvard Medical School in 1937. After serving his internship at The Springfield Hospital, he entered into the private practice of internal medicine in West Springfield in 1939.

Dr. Steele served on the medical staff of The Springfield Hospital for many years. He was a member of the American Medical Association, the Mass. Medical Society, and the Hampden District Medical Society.

Deepest sympathy is hereby extended to his family and to his many friends and associates.

IN MEMORIAM

EDWARD C. SULLIVAN, M.D.

Dr. Edward C. Sullivan, formerly of Springfield, died on March 20, 1966, at his home in Daytona, Florida.

Born in Taunton, Mass., on Dec. 28, 1879, Dr. Sullivan graduated from Harvard College and later received his doctorate in medicine from the Harvard Medical School in 1903. After study in this country and abroad, he came to Springfield in 1914, where he practiced his specialty of venereal disease control, writing and lecturing extensively thereon. He retired in 1958 and moved to Daytona, Florida.

Dr. Sullivan served on the medical staff of the Springfield Hospital and was chief of the venereal disease clinic for many years. He was a member of the American Medical Association, the American Venereal Disease Association, the Mass. Medical Society, and the Hampden District Medical Society. During World War I, he served in the U.S. Army Medical Corps.

Deepest sympathy is hereby extended to his family and to his many friends and associates.

COMING EVENTS

HAMPDEN DISTRICT ANNUAL MEETING, APRIL 26, 1966

EXECUTIVE COMMITTEE MEETINGS, MAY 24 and JUNE 21

ACADEMY OF MEDICINE, MAY 10 (See Page 27)

M.M.S. COUNCIL MEETING, BOSTON, MAY 16 (See Page 21)

M.M.S. ANNUAL MEETING, BOSTON, MAY 17, 18, and 19 (See Page 21)

A.M.A. ANNUAL MEETING, CHICAGO, JUNE 26-30

AMERICAN COLLEGE OF PHYSICIANS, NEW YORK, APRIL 18-22

AMERICAN PSYCHIATRIC ASSOCIATION, ATLANTIC CITY, MAY 9-13

AMERICAN COLLEGE OF SURGEONS (MASS. CHAPTER)
APRIL 30, SCHINE INN, CHICOPEE

ANNUAL REPORT OF THE SECRETARY — 1966

The Hampden District Medical Society has a membership of 517, with 450 active fellows and 67 senior fellows. During the past year 14 physicians joined the Society, and 6 fellows have transferred from other districts to Hampden. On the debit side, 3 fellows have transferred to other districts and other state societies, and 7 physicians have died.

The average attendance at district meetings has been 150. If members have any suggestions on how to improve the ratio between those attending meetings and those sending in reservations, Mrs. Purdy, our Executive Secretary, would welcome them. Reservations for dinner become complicated when some 30 to 50 members make reservations but do not attend the meeting. The office would appreciate a call cancelling your reservation if circumstances make your attendance impossible.

Mrs. Purdy continues to provide outstanding service to the Society in the face of an ever increasing work load making it necessary to provide her with part time secretarial help. I wish to extend my grateful thanks for her invaluable help to me during my tenure as Secretary.

Harry N. Memery, M.D.
Secretary

THE EXECUTIVE COMMITTEE (Annual Report, 1966)

The Executive Committee has met regularly every month save in July and August. In an organization that meets officially only four times a year, this committee has a heavy responsibility to conduct the business of the Society to the satisfaction of some five hundred members. One may readily see this is a difficult, if not impossible, task and the Committee disciplines itself to keep the welfare of the majority constantly in mind.

Highlights of all meetings are published in the "Hippocrat" and there is no need to repeat them in this report.

Approximately one-half of all complaints directed at members of the Society are serious enough to reach the Grievance Committee as a formal charge. Fifteen such cases were adjucated during the year.

Six complaints involved fees; five complaints involved outside agencies: a law firm, a hospital committee, a labor union, a vendor of medical appliances, and a para-medical agency; and four complaints involved a question of ethics. No complaints were referred to the Committee on Ethics and Discipline.

Harry N. Memery, M.D.
Secretary

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PUBLIC RELATIONS COMMITTEE
(Annual Report, 1966)

The year began with a speech training course conducted by Smith Kline & French Laboratories for members of the Society. About fifteen members took the course during November of 1965. Prior to this, interesting programs were presented on Radio WACE every Friday from 1-2 P.M. Various members of the Society spoke on the program, answering telephoned in questions. These programs manifested the need for a speech training course. Unfortunately, the responses to take advantage of the course were not as numerous as they could have been. However, if a sufficiently large number of physicians should submit definite requests, it may well be possible to have this speech course repeated. All the previous participants were most pleased with the benefits derived therefrom. During this aforementioned course participants taped many AMA spot messages for WSPR with HDMS being given credit therefor. If more members of the Society were to take this course, more speakers would be available.

In December, in conjunction with the Public Health Committee, a sport's injury program was put on under the able chairmanship of Dr. Stebbins. This meeting was so well attended that it has been suggested it be made an annual affair.

The Public Relations Committee covered both Dr. Appel's and Dr. McCleave's visits to the District's meetings.

On March 30, 1966, the Public Relations Committee, under the chairmanship of Dr. Fitz-Gibbon, presented an automobile accident prevention program at the Springfield Municipal Auditorium. Other cooperating participants included the Liberty Mutual Insurance Company and the Safety Council of Western Massachusetts.

A meeting of the press, radio and television personnel was held in early October at the Chairman's home. This meeting was very well attended and progress was made in cementing mutual understandings. There have been one or two unfortunate incidents during the year which occurred mainly because of misconception of statements made, but these seem to have been straightened out pretty well.

This committee is making great progress. The speakers' field seems to be improving and most of the members who have been on the WACE program, "FOR YOUR INFORMATION", are quite enthused. It is hoped that this program will continue during the coming year.

Robert N. LaMarche, M.D.
Chairman

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DOCTOR'S DAY HONORS

On "Doctor's Day" this March 25th, the Woman's Auxiliary to HDMS paid special honor to four physicians for their many years of devoted service to their respective communities. Of the four so honored, three are 60 year members of HDMS, and one is a 50 year member. Amongst the former are: Dr. Eoline C. Dubois of Springfield, Dr. Allen G. Rice of Springfield, and Dr. Henry J. Davidson, now living in Worcester. The 50 year member is Dr. Honoria K. Shine of Holyoke.

A congratulatory message to each was written by Mrs. William J. Devlin on behalf of the Auxiliary and a donation was made to the A.M.A.E.-R.F. in their names by the Auxiliary.

Mrs. F. M. H. Ziter
Publicity to the Hippocrat

Blueprint for dealing with tension due to stress—Prolixin—once-a-day

For the patient who must be on the job mentally as well as physically, prescribe Prolixin. The prolonged tranquilizing action of as little as one or two mg. helps him cope with tension all day long. Markedly low in toxicity and virtually free from usual sedative effects, Prolixin is effective in controlling both anxiety associated with somatic disorders and anxiety due to environmental or emotional stress. Patient acceptance is good—because Prolixin is low in cost, low in dosage and low in sedative activity. Prescribe Prolixin.

Side Effects, Precautions, Contraindications: As used for anxiety and tension, side effects are unlikely. Reversible extrapyramidal reactions may develop occasionally. In higher doses for psychotic disorders, patients may experience excessive drowsiness, visual blurring, dizziness, insomnia (rare), allergic skin reactions, nausea, anorexia, salivation, edema, perspiration, dry mouth, polyuria, hypotension. Jaundice has been exceedingly rare. Photosensitivity has not been reported. Blood dyscrasias occur with phenothiazines; routine blood counts are recommended. If symptoms of upper respiratory infection occur, discontinue the drug and institute appropriate treatment. Do not use epinephrine for hypotension which may appear in patients on large doses undergoing surgery. Effects of atropine may be potentiated. Do not use with high doses of hypnotics or in patients with subcortical brain damage. Use cautiously in convulsive disorders. **Available:** 1 mg. tablets. Bottles of 50 and 500. For full information, see Product Brief.

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BLUE SHIELD COMMITTEE
(Annual Report, 1966)

Marked changes and considerable activity have characterized this area of the Society's interest in the past year. Unfortunately, perhaps, this has been almost entirely informational and we have been on the receiving end. The significant decisions have been made for us by the lawmakers in Boston and Washington.

Largely informational and partly speculative discussion type meetings have been held in Boston at the Blue Shield central office. These meetings have centered around the following three subjects:

1. Massachusetts Blue Shield has been designated as fiscal intermediary in regard to Part B of the government's Medicare program. This was in accordance with the recommendation of the Massachusetts Medical Society Council on October 13. Accordingly, officially, this is a favorable development, affecting about six hundred thousand potential recipients in this state. Superimposed upon this plan, the Massachusetts Blue Shield proposes to make available a Medicare Extension Plan costing about $4.50 per month. To further complicate the structure this will be in two parts, No. 1 and No. 2. No. 2 will be at a slightly higher rate, as yet not established. The combination of Medicare, Part B and Medicare Extension Part 2 will make available to the public the most comprehensive type of health care imaginable including almost unlimited medical attention and extraordinarily generous limits on hospital, home, and appliance services. It also seems very likely in the opinion of Blue Shield officials, expressed verbally (but not in writing), that the medical and surgical fee schedule under these plans will be higher than Plan B Blue Shield. The Medicare program with its extension very likely will be extended to welfare recipients and other individuals on various types of public aid. This will surround the working public with non-working individuals who will receive medical services practically without limit and with financial benefits probably considerably higher than are available through conventional Blue Shield and commercial insurance plans. Obviously this will tend to create considerable unrest in the working public who likely, when this becomes generally known, will start in motion attempts to obtain equal benefits for themselves.
2. In regard to the fee schedule we have all been requested to fill out, it seems that the results have indicated a general prevailing Massachusetts fee structure that runs between two and twenty per cent higher than the present 1957 Plan B Blue Shield. At the moment it seems likely that this questionnaire-schedule will play a significant part in the establishment of Medicare rates. It also seems likely, as expressed by Blue Shield executives (but not in writing), that within the forseeable future a request will be made to the State insurance authorities to raise the conventional Blue Shield along these lines probably to meet the very likely higher Medicare schedule.

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3. In regard to the physician profile, Massachusetts Blue Shield has bought a new computer. Each Blue Shield form is processed through this machine eventually tabulating a pattern of claims for each physician. These are further tabulated in comparison with various regions, specialties, procedures, and again cross-referenced in an effort to obtain additional information on physicians whose pattern of claims is unusual. This naturally leads to further investigation. Inasmuch as some gross abnormalities have been uncovered with this method, it is difficult to find fault with the system. However, this constitutes another example of control of medical activity by machinery which could easily be managed by non-medical personnel. It seems rather obvious that the physician profile machine will be applied to Medicare claims. In such an instance it is rather likely that irregularities in this field would be handled by non-medical personnel in government employ. The controls gradually grow a bit tighter. It is important that we watch closely the machinery of Blue Shield to strengthen and preserve its relationship to the Massachusetts Medical Society. It is equally important to spread our financial dependance and cooperate with private insurance carriers. He who accepts financial dependance on any one individual or organization will eventually fall under their complete control.

Walter D. Carver, M.D.
Chairman

COMMITTEE ON INSURANCE, LABOR RELATIONS, AND INDUSTRIAL ACCIDENTS

(Annual Report, 1966)

The Committee on Insurance, Labor Relations, and Industrial Accidents has had a number of meetings during the past year with much attention being given to the revision of the "Relative Value Schedule." There have been many requests for copies of this schedule but it has been impossible to honor same because the supply of the previous edition has been exhausted and the new edition is not as yet available.

The new "Relative Value Schedule", which will also include anesthesia fees, is now in the hands of the printer and should be available shortly.

William Mosig, M.D.
Chairman

MALPRACTICE & MEDICO LEGAL-AFFAIRS COMMITTEE

The Malpractice & Medico-Legal Affairs Committee met with the Hampden Bar Association representatives for a meeting on mutual problems and understandings on November 22, 1965.

Physician reports to attorneys were reviewed. Some reports were very brief, some lengthy. A plea was made for concise and adequate reports to attorneys including history, physical examination diagnosis, prognosis, percentage disability, time of partial and total disability, etc.

Joseph Angelica, M.D.
Chairman

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BOARD OF EDITORS
(Annual Report, 1966)

During 1965-1966 the "Hippocrat" continued to appear monthly except for July and August. It averaged 36-40 pages per issue compared with 32-36 pages in the previous year.

In the Fall of 1965 Dr. Richard C. Sowell departed from this area. His post of Assistant Secretary and Business Manager has not yet been filled. In September, Dr. Setrag A. Zacarian was designated as Associate Editor, replacing Dr. David W. Williams, who resigned.

The most significant event of the year was the designation of John C. Ayres as the new Editor-in-Chief, replacing Dr. Max Millman, retired. Dr. H. Bernard Tillman was promoted from Associate Editor to Assistant Editor, the post vacated by Dr. Ayres. These two gentlemen are well deserving of the support of every member of the Society.

Financially the "Hippocrat" managed to break almost even notwithstanding the extra expense entailed in the 56-page special anniversary issue of January, 1965.

This being the last Annual Report of the retiring Editor-in-Chief, he is most anxious to express his appreciation to all who have made his 10-years tenure a pleasant and rewarding experience. A fairly complete report of the "Hippocrat's" last decade appears elsewhere in this issue (page 1).

This Board again finds itself indebted to many people for their splendid assists and cooperation. Most notable among these are: Mrs. Alicia Willard, Advertising Director of the "Hippocrat", Mrs. Fred Ziter, the Auxiliary's Correspondent to the Hippocrat, Mrs. Vivian M. Purdy, the Society's Executive Secretary, and our printer — The Elm Tree Press.

Max Millman, M.D.
Chairman

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ATTEND
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185th ANNUAL MEETING
MASS. MEDICAL SOCIETY

TIME:	Tuesday, Wednesday, Thursday May 17, 18, and 19
PLACE:	Statler Hilton Hotel Boston
AGENDA:	Annual Meeting Lectures and Films Panels Section Luncheons Scientific Exhibits Technical Exhibits Golf Tournament Annual Discourse Shattuck Lecture Art Exhibit
ANNUAL DINNER:	Wednesday, May 18, 7 p.m.

ATTENTION COUNCILORS!

The Annual Meeting of the Council will be held on Monday, May 16.

The Meeting will convene at 10:00 A.M.

COMMITTEE ON PUBLIC HEALTH
(Annual Report, 1966)

During the past year the Public Health Committee continued its efforts toward establishing an organized program of sex education in the schools of the District. Physicians have given many talks before PTA groups, and appropriate movies have been shown. After screening many movies on venereal disease control, one was selected by the Public Health Committee and purchased by the HDMS for public showing. We believe that parent groups, physician groups and educators are in agreement that there is a real need of educating children on this subject. It is this committee's feeling that school committees are seriously interested in considering the best methods of including same into their curricula. The Public Health Committee has emphasized that the physician's role is one of a medical advisor.

Dr. Roland Stebbins planned, organized and conducted a full day symposium on sports injury accidents and their prevention. Emphasis here was at the secondary school level. About 150 coaches and other interested members of athletic departments of the area schools attended. Doctors volunteered their time and effort to instruct these groups.

For another year, Dr. Louis Izenstein, heading his sub-committee and with full cooperation from the Springfield Druggist Association carried out a very successful Diabetic Detection Week. The objectives of this program are obviously twofold: First, education of the general public that this disease is a health hazard and secondly, the actual detection of previously unknown diabetic individuals in the community.

During Community Health Week in November, 1965, the HDMS, cooperating with the national program of the AMA, conducted radio programs by doctors and furnished articles on community health for mass communication media. The radio, television and press have been very helpful and generous in their cooperation.

At each meeting of the Public Health Committee a certain amount of time has been allotted to discuss potential health hazards in the District which should be of interest to the physician protecting his people. These included water and air pollution; levels of immunization against smallpox, tetanus and diphtheria; accidents and deaths due to ever increasing traffic problems; and vacation time catastrophies.

David E. Booker, M.D.
Chairman

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MEMBERS' INSURANCE COMMITTEE (Annual Report, 1966)

The group Health and Accident Plan for members of the HMDS continues in effect and is functioning very satisfactorily. The current enrollment is 293 members. The loss ratio in the first year of operation of the plan, 1962-1963, was 42.51% and nearly doubled in the second year. In the third year, this rose to the astronomical height of 137.31%, but in the past year dropped to 50.73% for an overall average of 78.04%. This loss ratio is of concern to members, since a low loss ratio would mean either lower premiums or increased benefits for our members. The actual number of claims has not increased, but some of the claims have been for quite large amounts. Approximately one of every three members has had a claim so that about 78 cents out of each dollar in premiums has been returned in benefits. On the whole, the plan has functioned well. Several grievances, reported to your Committee, have been adjudicated very satisfactorily.

In addition to the Health and Accident Plan, two additional plans were added in the past year. One was for Business Overhead Insurance intended to supplement the Health and Accident Plan, and the second was for Group Life Insurance.

The effect of Medicare on the insurance program is being given consideration by the Insurance Committee. Should any changes in the insurance program be advisable in the light of the effect of Medicare, further recommendations will be made to the Society.

H. Bernard Tillman, M.D.
Chairman

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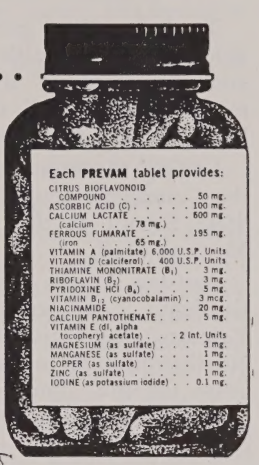
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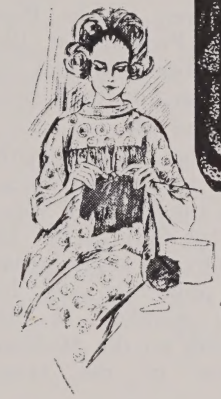

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MENTAL HEALTH COMMITTEE
(Annual Report, 1966)

There has been great interest in the field of mental health during this year, and the regularly scheduled monthly meetings were well attended by members of the Committee.

During the summer, the members of the Committee toured the Belchertown State School at the invitation of the Medical Staff.

Assistance was given to the Post Graduate Education Program at the Veterans' Administration Hospital in Northampton in organizing their program for the coming year.

Four members of the Mental Health Committee continue to serve as members of the Board of the Proposed Mental Health Center for Springfield. In this way the Committee is kept abreast of progress in this important area. In addition two other members of the Committee are serving on the Medical Advisory Committee of the same Board.

Several members of the Committee attended the seminar in Boston sponsored by the Massachusetts Medical Society on the physicians' response to Mental Health Planning. A summary of this meeting has been published in the "Hippocrat" previously.

The long-awaited report of the Massachusetts Mental Health Planning Project entitled "Mental Health for Massachusetts" was published in early December. This report outlines entirely new concepts and principles for mental health in this State. Briefly, it proposes to de-centralize mental health facilities making them community centered, treating the patient in his home setting with presumably rapid treatment, and returning him to his normal environment as soon as possible. The entire plan is comprehensive in nature and proposes that 37 Community Mental Health Areas be set up within the State, each having its own comprehensive Mental Health Center. There are many parts of the report which I feel the membership will approve such as allowing local control of these Mental Health Centers, allowing private physicians to follow and treat their own patients in State Mental Health Hospitals, and encouraging the development of mental health facilities in general hospitals.

The Chairman of the Committee and several members of the Mental Health Committee testified at the public hearings on mental health before Lieutenant-Governor Richardson and members of the Massachusetts Mental Health Planning Project held at the Municipal Hospital on December the 13th.

At the present time, the Mental Health Committee is undertaking a detailed study of this "Mental Health for Massachusetts" report, and the results of this study will be presented to the Society and forwarded to the Governor before the final legislative program is drawn up for presentation to the Legislature in the spring.

Should these recommendations be accepted and acted upon by the Legislature, then it can be expected that far-reaching changes will occur in the area of Mental Health over the coming years.

Eugene G. Boss, Jr., M.D.
Chairman

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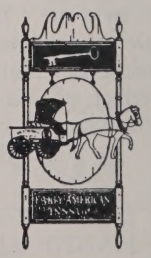

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BY-LAWS COMMITTEE

(Annual Report, 1966)

During the past year, six amendments to the By-Laws were adopted. These amendments, in accordance with the By-Laws, were published in the issue of the "Hippocrat" immediately preceding the April meeting, when they were acted upon by the Society.

In January the Committee, assisted ably by Mrs. Purdy, "re-organized" the By-Laws by inserting the numerous amendments adopted since 1961 — each in its proper Chapter, Section, and Subsection. This new edition of By-Laws published in full, appeared in the March, 1965 issue of the "Hippocrat". The members were urged to save that issue as their permanent copy of the By-Laws.

Upon the recommendation of the By-Laws Committee, the Executive Committee obtained several hundred 12-page reprints of the published By-Laws. Although intended primarily for distribution to new members, any member may obtain on request a copy of the new By-Laws at Society Headquarters. quarters.

Max Millman, M.D.
Chairman

SCHOLARSHIP COMMITTEE

(Annual Report, 1966)

On the recommendation of the Scholarship Committee of the HDMS, the Directors of the Charitable and Educational Fund of the MMS donated the sum of $753.66 to St. Anselm's College in Manchester, N. H., as a nursing scholarship for Miss Mary Mahoney.

Applications will be received by Mrs. Purdy, Executive Secretary, for scholarships for the 1966-1967 year for medical, nursing or pharmaceutical students. These must be in the office before September 1, 1966.

Ralph T. Miller, M.D.
Chairman

The Fourth ANNUAL HDMS

GOLF TOURNAMENT

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Harry L. Roberts
Chairman

DISASTER MEDICAL CARE COMMITTEE
(Annual Report, 1966)

The Chairman of this Committee this year has been fortunate in his having a committee composed of members who have shown a great deal of interest in their committee work. These members basically are representatives of all of the local hospitals in this District. We have also received a great deal of help from our Executive Secretary, Mrs. Vivian Purdy.

The Committee has held several meetings during the past year regarding disaster work in the District. During the course of the year we have become more familiar with disaster planning not only at the local district level but also at the state and national levels. We have become familiar with the composition of the disaster packaged hospitals which are furnished by the national government to the various districts and communities for possible disaster need. We have become familiar with the functions and position of Mr. Shepardson in this community who is the local disaster representative for the City of Springfield, and recently we have had various discussions with Mr. Linehan in regard to disaster planning at the state level.

Several months ago the District Medical Society was approached by Mr. Linehan, who is the Sector 4 A Civil Defense Director for the State, regarding a combined project or drill of a disaster nature to be sponsored by the District Medical Society and the various civil defense agencies both on a local and state level. Several meetings have been held in this regard with the defense disaster agencies, hospital administrators, hospital disaster chairmen, and Westover Air Force Base representatives. Plans have been drawn up for a disaster drill to be held on April 20, 1966. This drill will be based on a simulated disaster occurring in the Hampden District or Springfield area creating several hundred casualties and bringing into play the disaster programs of all the hospitals in the Hampden District area plus the Westover facilities. It is believed that many valuable lessons will be learned from this drill. It has been particularly gratifying to me to observe the enthusiasm being developed in regard to this project.

Walter S. Mozden, M.D.
Chairman

THE SPRINGFIELD HOSPITAL
Pediatric Guest Speaker

On Thursday, May 5, 1966, at 5:00 P.M. in the Auditorium, Dr. Isaac Djerassi of The Children's Hospital of Philadelphia will speak on "The Role of the Transfusion Service in the Modern Management of Some Hematological Disorders".

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EMERGENCY MEDICAL SERVICE COMMITTEE

(Annual Report, 1966)

The past year has been marked by a minimum of untoward and unpleasant incidents that have occurred as a result of unavailability of a doctor in an emergency situation in the District. True enough, incidents have occurred and have been given publicity, as usual, in the various news media, but they have been sporadic and few in number. Although this may be partly due to the relative efficiency of the roster system and the experience of our answering service, it more likely is the result of diminishing demands upon the Service to provide emergency care. The number of calls received by the Service during the past year was 601 in Springfield as compared to 1,163 the previous year, or a drop of nearly 50%. The number of actual calls made by the doctors on the roster was reduced to 50 as compared to 80 the previous year. An ever greater number of patients are being referred directly to the emergency rooms of the hospitals in the community, and this is gradually but steadily supplanting the functions of the Emergency Medical Service. This development is not only a local one. It is rather a part of a general trend wherein there is an ever increasing orientation of the public to go to hospitals in case of an emergency, and incidentally, a trend strongly encouraged by the profession. It can be argued on the one hand that we as a profession are surrendering more and more of our functions to hospitals; on the other hand, in the interest of better patient care, particularly in the truly emergency situations, this is the proper and practical course of action.

It may well be that, with this diminishing function, the Emergency Medical Service will have outlived its practical usefulness in the not too distant future. For the present, however, it serves a vital need in the community and is an invaluable public relations aid to the Society.

B. A. Galuszka, M.D.
Chairman

ACADEMY

The ANNUAL MEETING of the
SPRINGFIELD ACADEMY OF MEDICINE
will be held on
TUESDAY, MAY 10, 8:30 P.M.

Speaker: LEWIS A. MILLER
Executive Editor
"Medical Economics"

Topic: "MEDICARE'S IMPACT ON THE DOCTOR'S WORK LOAD AND INCOME"

PLACE: Auditorium, Municipal Hospital
Springfield

MEDICO-RELIGIOUS COMMITTEE (Annual Report, 1966)

The activities of the Medico-Religious Committee during the past year have continued to include regular meetings of the committee with selected representatives of the major religious faiths. It is felt that this relatively new committee has reached the point where these discussions should be widened to include more representatives of the medical and religious professions. The highlight of the year was the appearance of Rev. Paul B. McCleave as guest speaker at the H.D.M.S. meeting in February. Although the Committee can take no credit in procuring Dr. McCleave's services, it can, however, happily reflect in the stimulating benefits accrued therefrom in furthering its purpose of promoting communication and understanding between physicians and clergy. Several suggestions arose from this meeting as to further activities of this committee. It is hoped that these will include presentation of a medical, religious clinical pathological conference at some meetings of various hospital medical staffs, medical religious discussions in nursing schools, and a television program for presentation to the general public. These programs are still indefinite and any suggestions from Society members as to means of accomplishing these or other committee activities will be appreciated.

Garry DeN. Hough, III, M.D.
Chairman

WOMAN'S AUXILIARY COMMITTEE (Annual Report, 1966)

The program undertaken by the Woman's Auxiliary this year was conceived and carried through without the need for aid or advice from this committee of your Society and no problems in liaison at any level were brought to our attention.

Bruce Stoler, M.D.
Chairman

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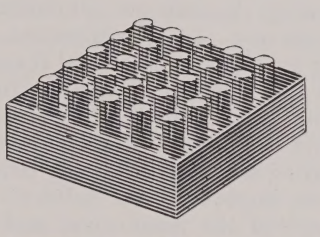
In infants vaccination should not be commenced before the sixth week of life. Do not give to patients with viral disease, or if there is persistent diarrhea or vomiting. ORIMUNE and live virus measles vaccine should be given separately.

Dosage – initial immunization: two doses each given orally at least 8 weeks apart. (Give a third dose to infants at 10-12 months). Booster immunization: one dose, given orally. See package literature for full directions.



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*Rosenthal, S. R., Nikurs, L., Yordy, E., and Williams, W.: Scientific Exhibit Presented at the Annual Meeting of the National Tuberculosis Association, Chicago, Illinois, May 30-June 2, 1965.

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"THE HAMPDEN HIPPOCRAT"

(Continued from Page 2)

it, the "Hippocrat" has no choice but to publish everything that is of importance or of interest to the Society.

The only other reason for developing the "Hippocrat" is to make it more attractive and more readable. There is a saying among publishers that "A publication without readers isn't worth the paper it's printed on." The same, of course, applies to the "Hippocrat". I'm sure that the "Hippocrat" can never stop striving to improve its contents and appearance. In this direction we have run serially several special features such as the "Hospital Construction" series, the "Physician and His Hobby" series and the more current "Special Issue" series, which is still going strong. We have improved, we believe, the appearance of the front cover and we use inside the bulletin as many photographs as our financial resources allow.

We have conducted also an Essay Contest, limited to members in practice 10 years or less. The purpose was not only to sound out our younger members but also to arouse their interest in the affairs of the Society. The obvious lack of interest on the part of our young colleagues in organized medicine is a matter of great concern to medical leadership everywhere. Although our Essay Contest was almost a complete failure, it should not, I believe, deter us from continuing in the effort to spur our younger members to wider participation in the affairs of their District and State Societies.

The growth of the "Hippocrat" was made possible by the ever increasing revenue from advertising, chief credit for which belongs to our Business Managers, Drs. John Leary and currently, Dr. Joseph Greenspan. Assisting very ably both of them has been our Advertising Director, Mrs. Alicia Willard.

Financially Speaking

Financially the "Hippocrat" has had its ups and downs but in the long run has fared not too badly. Our reserve fund is now twice that of 10 years ago but considerably smaller than in 1963. The reason for the decline in the past 3 years was a drop in income from national advertisers coupled with an increase in publishing costs. Things, however, are beginning to look up. Last year the "Hippocrat" more or less broke even, and the future looks brighter.

I trust that the time never comes when the "Hippocrat" will have to turn to the Society for financial aid. Experience elsewhere has shown that bulletins depending on Society "handouts", as a rule, fade and perish. Very early in the last decade the "Hippocrat" had set as its goal a reserve fund equalling at least one year's publication and mailing costs. At the moment we are somewhat below that minimum, but, as mentioned earlier, the prognosis is favorable.

Board of Editors

Our Board meetings may not always have been the epitome of sweetness and tranquility, but they have always been provocative and informative. In addition to the usual business we've become accustomed to devoting a great portion of our time to a consideration of issues and topics of current interest to the Society. These discussions have served to crystalize our thinking and to bring the "Hippocrat" closer to the heart of the Society. In this direction we have benefited greatly from the presence of the president and/or vice-president of

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the Society, who practically always graced our meetings with their attendance.

Someone once enumerated the qualifications of a bulletin editor as follows: "He must have his feet on the ground, his head in the clouds, his eye on the ball, his ear to the wall, his nose to the grindstone, his finger on the pulse, his tongue in check, a mind of his own, and nerves of steel." I have experienced the need of one or more of these qualifications from time to time, but I must confess that with the passage of time the demands on the editor's energy have diminished considerably notwithstanding the steady growth of the bulletin. Perhaps, it was due to the benefits of experience, but more likely it was due to the establishment of routines, techniques, and procedures. It was due also, I believe, to the fact that the Society has learned to utilize more anxiously the services of the bulletin. Whereas, in the past we've always had to solicit suitable material, today much of it is offered to us voluntarily by those in search of space in the pages of the "Hippocrat".

The "Hippocrat" continues to receive accolades from near and far. The most recent one was from the Rev. Dr. McCleave of the AMA, guest speaker at our February meeting. "At the mention of Massachusetts," said Dr. McCleave, "I always think of two publications: The "New England Journal of Medicine" and the "Hampden Hippocrat". When he repeated it a second time, I replied: "For your own safety, Dr. McCleave, make sure that you never make this statement in the presence of the editor of "New England Journal of Medicine." #

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AUTOMOBILE ACCIDENT PREVENTION PROGRAM

On the evening of March 30, 1966, a goodly crowd turned up at the Springfield Municipal Auditorium to witness an excellent automobile prevention program sponsored by the HDMS. A group of seven Society members discussed traffic accidents from their individual point of view. Dr. Collard of Belchertown discussed "Accidents in the Country;" Dr. Pava, nervous system injuries; Dr. Shea, bone injuries; Dr. Peck, chest injuries; Dr. Holt, abdominal injuries; Dr. Fitz-Gibbon, facial injuries; and Dr. Bloom, urological injuries. Realistic movies taken on the spot made a tremendous impression on the audience which was given a long, close-up look at death on the highway.

A survival car was displayed featuring 20 safety devices including a signal system for awakening a sleeping driver or stopping the car, if not awakened, a rectangular steering wheel, capsule chairs, and a telescoping steering wheel shaft.

The program ended with a panel discussion and a question and answer period conducted by Mass. State Police.

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OPERATION HAMPDEN ALERT 1966

1. Description

General

a. Operation Hampden Alert - 1966 is a mass casualty hospital exercise conducted by the Massachusetts Civil Defense Agency, in cooperation with local civil defense agencies, Hampden District Medical Society, and hospitals within the Hampden Medical District.

b. The exercise will be held on Wednesday, April 20, 1966, between 1300 and 1600 hours.

c. The site of the simulated disaster is the Springfield Shopping Plaza, Liberty Street, Springfield, Mass.

d. The number of simulated casualties to be transported to the participating hospitals is 450.

e. The American Red Cross, local, state, and federal agencies, business, and industry will participate in this exercise.

2. Objective

a. The purpose of the exercise is to test hospital disaster plans, mutual aid agreements, and civil defense disaster-recovery plans.

3. Schedule

a. Preparation at the site of the simulated disaster will begin at 1100 hours.

b. Personnel and vehicles used in the transportation of casualties to the hospitals will assemble at the disaster site at 1200 hours.

c. Transportation of the simulated casualties to participating hospitals will begin at 1300 hours, and will continue according to the schedule.

d. Play of the exercise at the participating hospitals will terminate no later than 1600 hours.

4. Communications

a. Primary communications will consist of telephone from the disaster site to all participating hospitals.

b. Back-up communications will be provided by civil defense radio communications systems.

c. Participating local civil defense agencies will utilize existing community radio facilities and other intra-community communications.

5. Responsibilities

a. Responsibility for all medical aspects of the exercise will be assumed by the Hampden District Medical Society and participating hospital administrators. All medical preparations prior to the exercise and simulated medical treatment of casualties during the exercise will be handled by professional personnel.

b. Medical judges assigned by the Hampden District Medical Society will be stationed at all participating hospitals, and the performance of hospital disaster care staffs will be rated in accordance with the standards set by the Society.

c. The Massachusetts Civil Defense Agency and participating local agencies will arrange for all private and government participation prior to and during the exercise.

Walter S. Mozden, M.D.
Chairman, Disaster Committee

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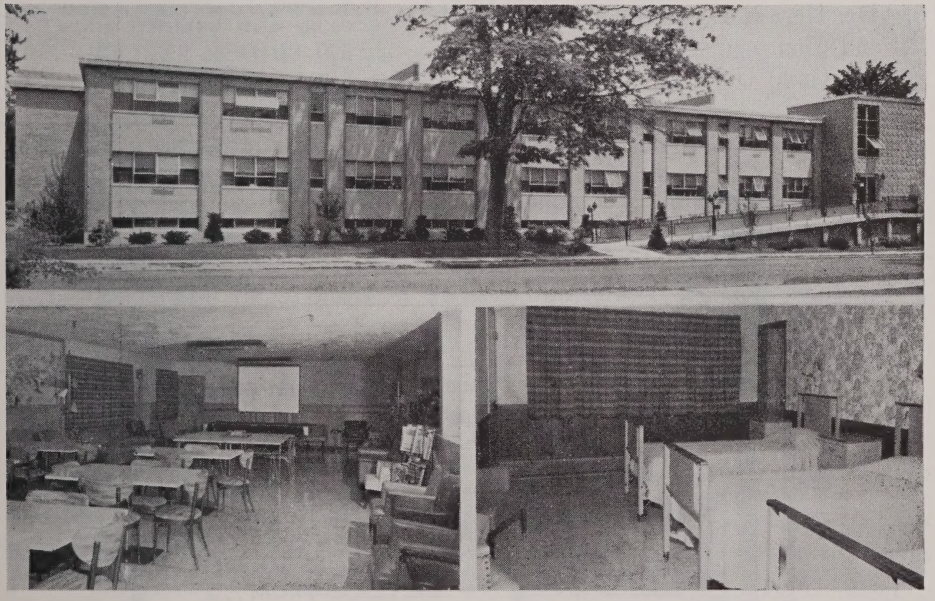

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THE SPRINGFIELD HOSPITAL EDUCATIONAL PROGRAM

"A Teaching Day on Modern Trends in Gynecology" will be held on Wednesday, May 18, 1966, in the Auditorium of The Springfield Hospital beginning at 9:45 A.M. The following will make presentations which will be followed by a panel discussion and a question and answer period:

1. Dr. Christopher J. Duncan, Asst. Clinical Professor of Gynecology, Harvard Medical School - "Office Gynecology."
2. Dr. S. Charles Kasdon, Associate Professor of Obstetrics and Gyn., Tufts Univ. School of Med. - "The Vaginal Smear and Carcinoma in Situ of the Cervix."
3. Dr. Kermit E. Krantz, Professor and Chairman, Dept. of Obstetrics and Gyn., Univ. of Kansas School of Med. - "Stress Incontinence of Urine."
4. Dr. Edward Copenhaver, Lahey Clinic - "When Should My Patient Have a Hysterectomy?"

The program has been planned by Dr. Robert J. Carpenter, Jr., Gynecologist-in-Chief of The Springfield Hospital with the assistance of Dr. Philip B. Keitlen, Chairman, Medical Education Committee, Wesson Maternity Hospital, and Dr. Harry L. Roberts, Executive Committee, Mass. Chapter, American Academy of General Practice.

The program is open to physicians, residents, interns, nurses, and other interested medical personnel.

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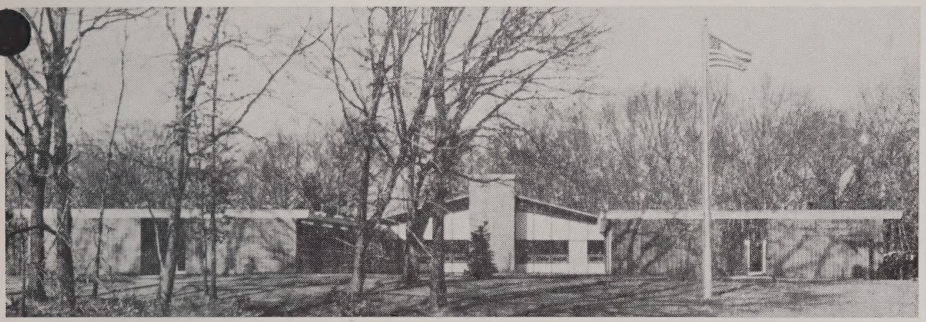

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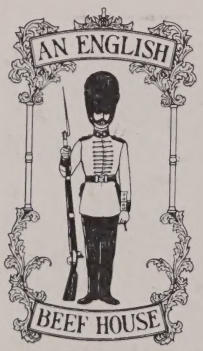

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